

**MELLOW
JERSEY**

MILTON KEYNES TO PARIS CYCLE CHALLENGE

12-16 SEPTEMBER 2024



 **Willen
Hospice**

The Challenge

OVERVIEW

Willen Hospice's 2024 cycling challenge will take you from the hospice itself in Milton Keynes to the Eiffel Tower in Paris - a total of 270 miles and 8000ft of climbing over 4 days.



On day one we'll leave from the hospice and work our way through the Chiltern Hills and picturesque Berkshire countryside to Woking. After an overnight here we'll continue our journey to Newhaven, where we'll catch the ferry across to Dieppe, before spending two days edging our way ever closer to the iconic Eiffel tower and a victory dance!

You'll have the opportunity to experience magnificent English countryside and picturesque French rural landscapes, all from your saddles! The route comprises a mixture of on-road and traffic-free sections, running primarily on quieter rural roads, with some busier sections as we arrive into Paris. The terrain throughout the challenge is relatively flat with some rolling hills that make the ride challenging but very much accessible to everyone!

What better way to support Willen Hospice than with such a great challenge!

Day by Day

ITINERARY

Your challenge will start at Willen Hospice and finish 4 days later at the Eiffel Tower in Paris!

The stages are as follows*:

Day 1 - Milton Keynes to Woking (78 miles, 3,900ft climbing)

Day 2 - Woking to Dieppe, including ferry crossing from Newhaven (64 miles, 3,300ft climbing)

Day 3 - Dieppe to Beauvais (70 miles, 2,000ft climbing)

Day 4 - Beauvais to Paris (59 miles, 2,800ft climbing)

Day 5 - Return travel from Paris at leisure



*Route subject to change based on availability of hotel accommodation and route recce

The Challenge

COSTS

You'll be well supported on your cycling challenge, and the Mellow Jersey team have put together a comprehensive package to include the following -

- 4 nights accommodation
- Ferry crossing Newhaven to Dieppe
- 4 breakfasts, 4 lunches, 4 dinners
- Refreshment stops on riding days
- Vehicle and ride support
- Luggage transfer
- GPX files for route guidance
- Return bike transfer to Milton Keynes

Note: Package excludes return travel from Paris; Drinks with lunches and dinners, Sports nutrition, Extras in hotels; Travel insurance.

The funding options for the challenge are as follows:

- **Self funded** - £945 per person (£200 non-refundable registration fee, with balance payment of £745 paid directly to Mellow Jersey due 60 days prior to departure). Minimum fundraising ask for Willen of £1,000 so total is £1,945).
- **Flex option** - £945 per person (£200 non-refundable registration fee and £745 to be achieved on fundraising page 75 days prior to the challenge. Minimum fundraising ask for Willen of £1,000 on top of challenge costs i.e. total of £1,945)

Please note that prices above are based on twin share accommodation - solo occupancy supplement of £175, subject to availability.

Please note that this challenge requires a minimum number of 20 participants to go ahead.

Find out more

INFORMATION EVENING

Please come and join the Willen Hospice and Mellow Jersey teams at Willen Hospice on **Wednesday 8th November 2023** where we will talk through the challenge in detail, and provide you with an opportunity to ask questions

Date: 8th November 2023

Time: 18:00 - 19:30

Venue: Hospice Cafe at Willen Hospice, Milton Road, Willen Village, Milton Keynes, MK15 9AB

Please email challenges@willen-hospice.org.uk to confirm you are joining us.



Book now

HOW TO SIGN UP!

The Willen Hospice team very much hope you're able to join this exciting challenge!

Sign up now via the following link -

www.mellowjersey.co.uk/willen/



Willen Hospice

ABOUT THE CHARITY

Willen Hospice is the only adult Hospice in the local area, supporting people in Milton Keynes and the surrounding areas who have been given a devastating prognosis.

Our specialist palliative care services help them with every aspect of their life, including clinical care, therapy and wellbeing and social care. Whatever their illness, whether it's cancer or heart failure, or more complex such as Motor Neurone Disease or Dementia, Willen Hospice will be there for them and their family.

This care is provided completely free of charge and is only partially funded by the NHS, which means we heavily rely on the support and generosity from our local community to help raise the additional £5.9 million needed every year.



Mellow Jersey

**MELLOW
JERSEY**

YOUR SUPPORT TEAM

Mellow Jersey was formed out of a love for cycling and the realisation that life is generally better on two wheels meeting other like-minded people and helping them achieve their cycling aspirations.

Whatever those goals are, we can help you get there... Whether you want to ride the length and breadth of the country, conquer the mountains or just ride your bike in the sunshine, we have something for you! We are experienced riders, and this combined with expert logistical planning makes us ideally placed to host you on your trip.

We specialise in:

- Cycling tours
- Corporate and charity events
- European sportive packages
- Point to point cycling challenges
- Training camps

Mellow Jersey will take care of all the details and ensure you don't have to worry about a thing...and most importantly, have plenty of fun along the way!



WWW.MELLOWJERSEY.CO.UK

**DON'T LIMIT YOUR
CHALLENGES...**

**...CHALLENGE YOUR
LIMITS**



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