

# Carers in Hertfordshire Support Hub

## Stevenage 2026

**Where:** The Oval Community Centre, Vardon Road, Stevenage, Herts, SG1 5RD.

**When:** Last Thursday of each month, 10am to 12pm noon.  
Please contact us to book a place to attend.

*A community for family and friend carers*

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

29th Jan	26th Feb	26th March	30th April	28th May	25th June
30th July	27th Aug	24th Sept	29th Oct	26th Nov	None in Dec

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at [www.carersinherts.org.uk/events](http://www.carersinherts.org.uk/events) or contact us.

Meeting details may change and we advise checking with us before attending.

**To contact us at Carers in Hertfordshire:**

**Call 01992 58 69 69**

**Email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**

**Or visit [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**



**Carers**  
in Hertfordshire

charity registration number 1085491

*making carers count*