

Carers in Hertfordshire Support Hub

St Albans 2026

Where: St Paul's Church, Blandford Road,
St Albans, Herts, AL1 4JP.

When: Third Tuesday of each month, 10.30am to 12.30pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

20th Jan	17th Feb	17th March	21st April	19th May	16th June
21st July	18th August	15th Sept	20th Oct	17th Nov	15th Dec

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

We also have a Hub group that meets in Harpenden on the third Thursday of the month, 11.30am to 1pm - please contact us for more details.

**To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk**

Supported by:

