

Carers Support Hub South Oxhey 2026

Where: Oxhey Library, Bridlington Road,
South Oxhey, Herts, WD19 7AG.

When: Second Thursday of the month, 1pm to 2.30pm.
Please contact Carers in Hertfordshire to book
a place to attend and to check meeting details.

8th Jan	12th Feb	12th March	9th April	14th May	11th June
9th July	13th August	10th Sept	8th October	12th Nov	10th Dec



For people providing unpaid care or help to someone close to them who is ill, disabled, elderly or misuses substances.

Find out about the support near you.

Hear from speakers or take part in activities such as meditation when planned.

Find out what is planned for each meeting at
www.carersinherts.org.uk/events or get in touch.

For support with a caring role or to book to attend a meeting contact Carers in Hertfordshire.

Call 01992 58 69 69

Email contact@carersinherts.org.uk

Visit www.carersinherts.org.uk

