

Carers in Hertfordshire Support Hub

Potters Bar 2026

Where: King Charles the Martyr Church,
368 Mutton Lane, Potters Bar, Herts, EN6 3AS.

When: Last Wednesday of each month, 10.30am to 12.30pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

28th Jan	25th Feb	25th March	29th April	27th May	24th June
29th July	26th August	30th Sept	28th Oct	25th Nov	None in Dec

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

**To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk**

Supported by:



making carers count