

Carers in Hertfordshire

Support Hub

Hitchin 2026

Where: Christchurch, Bedford Road, Hitchin, Herts, SG5 1HF.

When: First Monday of the month, 1pm to 2.30pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend, who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

5th January	2nd February	2nd March	13th April *	11th May *	1st June
6th July	3rd August	7th Sept	5th October	2nd Nov	7th Dec

* Date moved due to a bank holiday.

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

We also have monthly groups in Letchworth Garden City, Stevenage and online, please get in touch for more details.

**To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk**

Supported by:

