

# Carers in Hertfordshire Support Hub Hitchin 2026

**Where:** Christchurch, Bedford Road, Hitchin, Herts, SG5 1HF.

**When:** First Monday of the month, 1pm to 2.30pm.  
Please contact us to book a place to attend.

*A community for family and friend carers*

Meet other people providing unpaid care or help to a partner, relative or friend, who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

5th January	2nd February	2nd March	13th April *	11th May *	1st June
6th July	3rd August	7th Sept	5th October	2nd Nov	7th Dec

\* Date moved due to a bank holiday.

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at [www.carersinherts.org.uk/events](http://www.carersinherts.org.uk/events) or contact us.

Meeting details may change and we advise checking with us before attending.

**We also have monthly groups in Letchworth Garden City, Stevenage and online, please get in touch for more details.**

**To contact us you can call 01992 58 69 69,  
email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)  
or visit [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**

Supported by:

