

Carers in Hertfordshire

Support Hub

Hemel Hempstead 2026

Where: South Hill Centre, Cemetery Hill,
Hemel Hempstead, Herts, HP1 1JF.

When: Second Wednesday of the month, 10am to 11.45am.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

14th Jan	11th Feb	11th March	8th April	13th May	10th June
8th July	12th August	9th Sept	14th October	11th Nov	9th Dec

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

**To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk**

Supported by:



Making Carers Count