

# carers in hertfordshire

## Support Hub

### Borehamwood 2026

**Where:** Allum Manor House & Hall (Room 3),  
2 Allum Lane, Elstree, Herts, WD6 3PJ.

**When:** First Wednesday of each month, 10.30am to 12.30pm.  
Please contact us to book a place to attend.

#### *A community for family and friend carers*

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

7th January	4th Feb	4th March	1st April	6th May	3rd June
1st July	5th August	2nd Sept	7th October	4th Nov	2nd Dec

We organise a programme of speakers and activities with input from the group and based on requests. Find out more about what is planned on the listing for each meeting at [www.carersinherts.org.uk/events](http://www.carersinherts.org.uk/events) or contact us.

Meeting details may change and we advise checking with us before attending.

**A group also meets at King Charles the Martyr Church, Potters Bar, the last Wednesday of each month, 10.30am to 12.30pm.**

**To contact us you can call 01992 58 69 69,  
email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)  
or visit [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**

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