



Carers Information Pack

Welcoming carers at GP practices across Hertfordshire.

Benefits of registering as a carer at your GP surgery:

- Carer Health Checks
- Carer Champion contact
- Information and support
- Flexible appointments
- Flu vaccination
- Referral to Carers in Hertfordshire

In this pack you will find:

- GP Carer Champion contact and specific practice details
- Information about Carers in Hertfordshire, and local carer hub information
- Registration form for Carers in Hertfordshire (Passport form or online registration link)
- Useful local services
- How you can have your say

This page is for information only and not to be included in the Carers Pack.
Use pages 1, 3, 4, and insert page 2 with your own practice details.
Set your printer to print individual pages, NOT both sides.



Replace this page with your own...

Surgery Welcome Page

Welcome message to carers from the GP practice
Name and photo of the Carer Champion
Contact details for carer-related queries

Optional ideas:

Surgery-specific information (e.g. carer clinic times, priority appointments)
How to notify the surgery you are a carer

Please include in the pack for Carers in Hertfordshire:

- Carers Passport Referral Application
- Local hub information leaflet (you can download the most recent on our website downloads page by scrolling down and clicking on your locality).



Having problems? Email:
contact@carersinherts.org.uk

The last page of this pack can be used to print any extra information if you need it, or for carers to make notes.

About Carers in Hertfordshire

We offer support, information and advice to unpaid carers throughout Hertfordshire and we work closely with the NHS and other services, including Carer Champions, to offer connected support across the county.

You are a carer if you look after a family member, friend or neighbour who without your support would not be able to manage. Anyone can be a carer: Carers come from all walks of life, all cultures and can be of any age.

The benefits of being registered with Carers in Hertfordshire include:

- One to one support
- Carers Support Hub groups
- Free workshops, training opportunities and events
- Carers Passport Discount Card
- Mentoring services
- Bereavement service
- Young Carers service



To register for Carers in Hertfordshire's support, complete the enclosed Carer's Passport registration form. Your Carer Champion can help.

Alternatively, register on our website below or using this QR code.

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

Website: www.carersinherts.org.uk

Write to us: Carers in Hertfordshire, The Red House, 119 Fore Street, Hertford, SG14 1AX.

We are open Monday to Thursday, 9am - 5.30pm, and Fridays, 9am - 4.30pm (excluding Bank Holidays).

The Information and Advice Team is available by phone Monday to Thursday, 9.30am - 5pm, and Fridays, 9am - 4pm. If you are unavailable during the day, we have some phone appointments on Wednesday evenings, 5pm - 7.30pm. Please tell us if you are interested.

Notes