

## Carer Engagement Events Programme 2024

Welcome to the **second** of the 2024 Carers Engagement Events Programme for April to June. The events are set out per month and relate to the needs of the people you are caring for.

At all these events there will be an opportunity for you to learn about a topic and to share the issues you face with our team of **Engagement Workers**.

The workers can then work with you to ensure that the various **Health and Social Care services** in Hertfordshire are aware of these issues and how we can all **work together** to improve services. They are also an opportunity to meet new carers and share your knowledge and experiences with each other.

To book a place on an event please click the links attached to the events below or email

[contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)

or call **01992 58 69 69**

### April

#### For carers of someone with Mental Health and/or Drug and Alcohol support needs

##### *Support Group for Parents and Carers supporting Children and Young People under 18*

- Is your young person struggling with poor mental health?
- Would you like to speak to people who understand?
- Would you like to learn more about strategies to help your child towards recovery?

If you would like support for yourself then please come along to our next **Parent and Carer Online Support Group** led by our Engagement Worker **Sarah Williams**.

We always welcome new parents and carers.

#### **ONLINE**

**Date:** 2<sup>nd</sup> April 2024

**Time:** 7pm to 9pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "CYPMHS Parent and Carer Online Support Group", or call 01992 59 69 69 or online by [CLICKING HERE](#)

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## For all Carers

### *Carer Representation Group*

Come and join the **Carers Representation Group** so that we can discuss the issues that you want referred to the Carers Co-production Board in February.

The Co-production Board meets quarterly and is chaired by **Chris Badger**, Director of Adult Care Services and **Tinu Adewoye**, an unpaid family carer. Members include carers and officers from social care, health, and the voluntary sector.

The Board receives reports about the delivery of the **Carers Strategy** and service developments of interest to carers. It is also somewhere we can take issues – particularly when they have been raised by a number of carers and represent a wide experience.

This group is led by our Head of Policy and Engagement **Roma Mills**.

**Venue: The Wellfield Trust Room at Birchwood Sports and Leisure Centre, Longmead, Hatfield**

**Date:** 10<sup>th</sup> April 2024

**Time:** 11am – 12.30pm

There will be a light lunch and to book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Carer Representation Group" or call 01992 59 69 69 or online by [CLICKING HERE](#).

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**For carers of adults who have a learning disability, and/or autism, and/or a physical disability. This event is also for carers of older people who are using community or residential services**

***Social Care Costs - Charging for Social Care and Support and Financial Assessments***

Hertfordshire County Council Adult Care Services wish to provide carers with financial information and guidance relating to paying for care and support (social care costs) to carers of adults who have a learning disability, and/or autism, and/or physical disability and to carers of older people who are using community or residential services. This would include people who are in supported living accommodation, their own family homes, extra care or sheltered housing but not residential or nursing home care.

**Joe Wanyoni** Head of Service, Care Reform, Finance, Income and Charging will be presenting two sessions the following sessions:

**Session 1: Demystifying Charging for Social care and Financial Assessments**

- What can be included as a Disability Related Expense?
- Who can families discuss this with?
- What can families do if they don't agree with the decision about how much someone is required to contribute towards the cost of their services?
- What happens if you can't afford to pay the contribution

**Session 2: Charging for social care and Financial Assessments**

- What information is currently available?
- How do you find it?
- What other information do carers need?
- How can we make it easy to find and understand the information provided?

These groups will be supported by our Engagement Worker **Diana Davis** and Engagement Manager **Steve Probyn**.

**Session 1**

**Venue: The Priory, Ware**

**Date: 16<sup>th</sup> April 2024**

**Time: 2pm – 3.30pm**

**Online**

**Date:** 23<sup>rd</sup> April 2024

**Time:** 7pm – 9pm

**Session 2**

**Venue:** The Priory, Ware

**Date:** 25<sup>th</sup> April 2024

**Time:** 10am – 12pm

**Online**

**Date:** 25<sup>th</sup> April 2024

**Time:** 7pm – 9pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “Social Care Costs” with the sessions you wish to attend or call 01992 59 69 69 or by [CLICKING HERE](#)

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## **For Carers of someone with dementia**

### ***Admiral Nurse – A Question and Answer event***

We host a team of experienced dementia nurses called Admiral Nurses in partnership with Dementia UK. When things get challenging or difficult, our nurses work alongside the family carers of people with all types of dementia giving them one-to-one support, expert guidance and practical solutions.

This will be a session with Helen Dearn and Susie McNab two of our Admiral Nurses and supported by our Engagement Worker **Diana Davis**.

**Online**

**Date:** 16<sup>th</sup> April 2024

**Time:** 11.30am – 12.30pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “Admiral Nurse event” with the sessions you wish to attend or call 01992 59 69 69 or by [CLICKING HERE](#).

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## For all Male Carers

### *Men's Carer Support Group*

We would like to invite you to join our Men's Carer Support Group where you can meet with other carers, share information, support each other and chat over a cuppa. This also an opportunity to share issues you face as a carer and consider how we can work together to raise awareness of these issues.

This group is supported by our Equality, Diversity, and Inclusion Team Leader **Umaar Khan**.

#### **ONLINE**

**Date:** 16<sup>th</sup> April 2024

**Time:** 10.30am to 11.30am

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Mens Carer Support Group" or call 01992 59 69 69 or online by [CLICKING HERE](#).

We look forward to welcoming you to the group.

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## For Carers of adults with Autism and/or Learning Disability

### *Deputyship and Powers of Attorney Talk*

Are you interested in finding out more about Deputyship and Powers of Attorney?

Are you aware of the difference between Deputyship and Powers of Attorney?

Are you wondering about how Deputyship and Powers of Attorney work in practice?

Carers in Hertfordshire is working with Hertfordshire University Law School to offer a talk for carers of adults with Autism and/or a learning disability around the use of Deputyship and Powers of Attorney.

This event will be supported by our Engagement Worker, **Srigarbha**.

#### **ONLINE**

**DATE:** 16th April

**Time:** 10am – 11am

There will be a light lunch and to book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “*Deputy and Powers of Attorney Talk*” or call 01992 59 69 69 or online by [CLICKING HERE](#).

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## **For Carers supporting a young Autistic person or someone with ADHD**

### ***Neurodiversity and Employment Talk***

Are you supporting a young Autistic person or someone with ADHD? Are you wondering how entering the working environment might be for them? Would you like to hear what it was like directly from someone with neurodiversity? Carers in Hertfordshire are organising two talks (one in person and one lunchtime zoom event) on Neurodiversity and Employment.

Louis Sanford shares his experience of the world of work as a Neurodiverse individual. Louis is currently a programme manager working across the NHS, Social Care, and voluntary sector improving services for people with Severe Mental Illness, Learning Disabilities and Autism; and provides insightful reflections and relatable anecdotes for some of the 31 jobs he has had up to the age of 25, what it means to himself accepting his own Neurodiversity today, and what it means for him as a parent of two neurodiverse children.

This event will be supported by our Engagement Worker, **Srigarbha**.

**Venue: Birchwood Leisure Centre, Longmead, Hatfield, AL10 0AN**

**Date:** 23<sup>rd</sup> April 2024

**Time:** 10.30am – 1pm

There will be a light lunch and to book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “*Neurodiversity and Employment Talk*” or call 01992 59 69 69 or online by [CLICKING HERE](#).

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## **For Parent Carers of children or young people with SEND**

### ***Direct Payment Talk***

Direct Payments are an alternative way to organise and receive care – rather than the local authority providing care, a person (or someone acting on their behalf) can be paid directly to self-direct their own care. This gives greater choice and flexibility. Carers in Hertfordshire have asked Hazel Yabsley (Team Manager) and Andy Lawrence (Head of Service 0-25 Together Team) to come along and give an online



talk to Parent Carers about the Direct Payments Scheme. They will be able to guide you through the step-by-step process, with examples of when direct payments work well and the challenges they might bring up, as well as answer any questions you may have such as:

- What are direct payments, and who is eligible?
- How do they work?
- What are their main benefits and drawbacks?
- Differences for Disabled Children and Adults

Please note: this meeting is for Parent Carers with children/young people up to 0-18.

This event will be supported by our Engagement Workers **Kailee Tyler**.

### **Online ZOOM event**

Date: Monday 29<sup>th</sup> April

Time: 12-1pm

There will be a light lunch and to book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Direct Payment Talk SEND" or call 01992 59 69 69 or online by [CLICKING HERE](#).

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## **For Carers supporting adults with a Physical and/or Learning Disability and carers of an adult who is Autistic**

### ***Direct Payments Talk***

Have you ever wondered if there was a different way to receive support and services from Hertfordshire County Council? Have you heard of Direct Payments? Carers in Hertfordshire are organising two talks (one in person and one evening zoom event) introducing carers to the Direct Payment scheme.

### **Direct Payments – what are they?**

Direct Payments are an alternative way to organise and receive care – rather than the local authority providing care, a person (or someone acting on their behalf) can be paid directly to self-direct their own care. This gives greater choice and flexibility. Carers in Hertfordshire have asked Sam Wood-Ede (Direct Payments Manager, and advocate of direct payments from personal experience) to come along and give an interactive talk to carers. Sam will be able to guide you through the step-by-step process, with examples of when direct payments work well and the challenges they might bring up, as well as answer any questions you may have such as:

- What are direct payments, and who is eligible?

- How do they work?
- What are their main benefits and drawbacks



This event will be supported by our Engagement Workers **Kailee Tyler** and **Srigarbha**.

**Online**

**Date:** 30<sup>th</sup> April 2024

**Time:** 12.30pm – 1.30pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “*Direct Payment Talk*” or call 01992 59 69 69 or online by [CLICKING HERE](#).

## May

### For carers of someone with Mental Health support needs

#### *Hertfordshire Partnership Foundation NHS Trust (HPFT) Five Year Strategy update*

Please keep an eye on our events page [here](#) as we are in the process of arranging an event with HPFT to consult on an update from HPFT in regards to how their Five Year Strategy is progressing.

### For carers of someone with Mental Health and/or Drug and Alcohol support needs

#### *Support Group for Parents and Carers supporting Children and Young People under 18*

- Is your young person struggling with poor mental health?
- Would you like to speak to people who understand?
- Would you like to learn more about strategies to help your child towards recovery?

If you would like support for yourself then please come along to our next **Parent and Carer Online Support Group** led by our Engagement Worker **Sarah Williams**.



We always welcome new parents and carers.

**ONLINE**

**Date:** 7<sup>th</sup> May 2024

**Time:** 7pm to 9pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "CYPMHS Parent and Carer Online Support Group", or call 01992 59 69 69 or online by [CLICKING HERE](#)

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## **For carers of an Autistic adult (without a learning disability)**

### ***Social Care Services - Talk and Q&A***

Have you ever wondered what Social Care Services are available for Autistic adults (without learning difficulties)? Are you aware of what services are available if you can no longer provide the care you currently give? Would you like to share your experiences of services with Hertfordshire County Council?

Carers in Hertfordshire and the Adult Disability Team have organised two events (one in person and one on Zoom) to give you the opportunity to:

- hear about the services available
- share any experiences you have had about the services currently available
- suggest what would be helpful for future services.

The Adult Disability Team will be available to answer your questions. If you have any questions you would like to ask before the event, so that they can be considered and maybe included in the presentation, please email them to [srigarbha@carersinherts.org.uk](mailto:srigarbha@carersinherts.org.uk)

This group is supported by our Engagement Worker **Srigarbha**.

**Venue:** Birchwood Leisure Centre, Longmead, Birchwood, Hatfield AL10 0AN, UK

**Date:** 9th May 2024

**Time:** 10.30am to 1pm including a light lunch and refreshments.

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Social Care Services Talk" or call 01992 59 69 69 or online by [CLICKING HERE](#). This event is also being run online on **Tuesday 4th June 2024**, *please only attend one*.

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## For Male Carers

### *Men's Carer Support Group*

We would like to invite you to join our Men's Carer Support Group where you can meet with other carers, share information, support each other and chat over a cuppa. This also an opportunity to share issues you face as a carer and consider how we can work together to raise awareness of these issues.

This group is supported by **Surendran Sundralingam**.

#### **ONLINE**

**Date:** 25<sup>th</sup> May 2024

**Time:** 10.30am to 11.30am

**Where:** Online via Zoom

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Mens Carer Support Group" or call 01992 59 69 69 or online by [CLICKING HERE](#).

We look forward to welcoming you to the group.

## June

## For carers of an Autistic adult (without a learning disability)

### **Social Care Services - Talk and Q&A**

Have you ever wondered what Social Care Services are available for Autistic adults (without learning difficulties)? Are you aware of what services are available if you can no longer provide the care you currently give? Would you like to share your experiences of services with Hertfordshire County Council?

Carers in Hertfordshire and the Adult Disability Team have organised two events (one in person and one on Zoom) to give you the opportunity to:

- hear about the services available
- share any experiences you have had about the services currently available
- suggest what would be helpful for future services.

The Adult Disability Team will be available to answer your questions.

If you have any questions you would like to ask before the event, so that they can be considered and maybe included in the presentation, please email them to [srigarbha@carersinherts.org.uk](mailto:srigarbha@carersinherts.org.uk)

This group is supported by our Engagement Worker **Srigarbha**.



## Online

**Date:** 4<sup>th</sup> June 2024

**Time:** 12.30pm – 1.30pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “Social Care Services Talk” or call 01992 59 69 69 or online by [CLICKING HERE](#).

This event is also being run in-person on **Thursday 9th May 2024**, *please only attend one*.

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## For carers of someone with Mental Health and/or Drug and Alcohol support needs

### *Support Group for Parents and Carers supporting Children and Young People under 18*

- Is your young person struggling with poor mental health?
- Would you like to speak to people who understand?
- Would you like to learn more about strategies to help your child towards recovery?

If you would like support for yourself then please come along to our next **Parent and Carer Online Support Group** led by our Engagement Worker **Sarah Williams**. We always welcome new parents and carers.

## ONLINE

**Date:** 4<sup>th</sup> June 2024

**Time:** 7pm to 9pm

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject “CYPMHS Parent and Carer Online Support Group”, or call 01992 59 69 69 or online by [CLICKING HERE](#)

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## For Carer of someone diagnosed with Young or Early Onset Dementia

### **Young Onset Dementia Group Meeting**

These meeting are for carers of someone diagnosed with Young Onset or Early Onset Dementia. This is a chance for you to get together with other carers in similar situations.

If there are any particular topics you would like to cover or speakers you would like to hear from please let us know and we will do my best to arrange them.

This group is supported by our Engagement Worker Diana Davis.

**Venue:** Welwyn Garden City Central Library, Welwyn Garden City AL8 6AJ

**Date:** 6th June 2024

**Time:** 11am to 12.30pm

There will be a light lunch available and to book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Young Onset Dementia Group meeting" or call 01992 59 69 69 or online by [CLICKING HERE](#).

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## For all Male Carers

### *Men's Carer Support Group*

We would like to invite you to join our Men's Carer Support Group where you can meet with other carers, share information, support each other and chat over a cuppa. This also an opportunity to share issues you face as a carer and consider how we can work together to raise awareness of these issues.

This group is supported by our Equality, Diversity, and Inclusion Team Leader **Umaar Khan**.

### **ONLINE**

**Date:** 18<sup>th</sup> June 2024

**Time:** 10.30am to 11.30am

**Where:** Online via Zoom

To book a place please email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) with the subject "Mens Carer Support Group" or call 01992 59 69 69 or online by [CLICKING HERE](#). We look forward to welcoming you to the group.