

Carers in Hertfordshire Support Hub

Watford 2024

Where: Peace Hospice (Starlight Room),
Peace Drive, Watford, Herts, WD17 3PH.

When: Second Monday of each month, 10.30am - 12.30pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

8th Jan	12th Feb	11th March	8th April	13th May	10th June
8th July	12th August	9th Sept	14th October	11th Nov	9th Dec

We organise a programme of speakers and activities as requested and one of our Carer Support Advisors attends three meetings a year to provide one to one information or advice. Find out more about what is planned on the listing for each meeting on our website at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

A group also meets in Chorleywood, the third Wednesday of each month, 10.30am - 12.30pm. Please get in touch for more details.

To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk

Supported by



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