

Carers in Hertfordshire Support Hub

Ware 2024

Where: Allenburys Sports and Social Club,
Harris's Lane, Ware, Herts, SG12 0DJ.

When: Third Friday of each month, 11.15am – 1pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

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|-----------|-------------|------------|--------------|----------|-----------|
| 19th Jan | 16th Feb | 15th March | 19th April | 17th May | 21st June |
| 19th July | 16th August | 20th Sept | 18th October | 15th Nov | 20th Dec |

We organise a programme of speakers and activities as requested and one of our Carer Support Advisors attends three meetings a year to provide one to one information or advice. Find out more about what is planned on the listing for each meeting on our website at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

We also have a Hub group that meets in Hoddesdon the last Friday of each month, 10.30am - 12.30pm. Please get in touch for more details.

To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk

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Carers
in Hertfordshire

charity registration number 1085491

Making Carers Count