

Carers in Hertfordshire Support Hub

Potters Bar 2024

Where: King Charles the Martyr Church,
368 Mutton Lane, Potters Bar, Herts, EN6 3AS.

When: Last Wednesday of each month, 10.30am - 12.30pm.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

31st Jan	28th Feb	27th March	24th April	29th May	26th June
31st July	28th August	25th Sept	30th Oct	27th Nov	None in Dec

We organise a programme of speakers and activities as requested and one of our Carer Support Advisors attends three meetings a year to provide one to one information or advice. Find out more about what is planned on the listing for each meeting on our website at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

To contact us:

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Visit www.carersinherts.org.uk

Supported by



making carers count