

CARERS IN HERTFORDSHIRE

Young Carers Activity Volunteer



Carers in Hertfordshire is a charity that supports unpaid family carers of someone with an illness or disability. Our Young Carers team runs a series of activities, events and workshops in the school holidays to give them a break from their caring role. We are looking for volunteers to help with these events.

Where, when and how often	<p>The majority of our activities and events are run during the school holidays but we occasionally have some that take place on weekends throughout the year.</p> <p>You would be given the full description of times and venues for these activities in advance to decide if they are an achievable distance from the volunteers home.</p> <p>Volunteers will occasionally be expected to visit the organisations headquarters in Hertford for training and other duties.</p> <p>Headquarters: Carers in Hertfordshire, The Red House, 119 Fore Street, Hertford, SG14 1AX.</p>
Role	<p>Carers in Hertfordshire are looking for a friendly volunteer who could help us with activities and workshops for young carers. We work with young carers aged 4-18 so there are various opportunities to volunteer with different age ranges.</p> <p>This is a very exciting role where no two days are the same. You could be helping with tasks like:</p> <ul style="list-style-type: none"> • Helping set up the venue • Welcoming young carers to the activity • Working with others to ensure the safety of young carers whilst on activities and events • Encouraging the participation of young carers • Helping them to make friends • Supporting the young carers with transport help (we arrange taxi's for many at our events) • Possible administration event support
What are we looking for in you	<p>Someone who enjoys working with and supporting young people and has had some experience in this area.</p> <p>Good communication and organisational skills.</p> <p>Self motivated and able to work as part of a team.</p> <p>Friendly and helpful manner.</p> <p>Honesty, commitment and reliability.</p> <p>First Aid training would be an advantage but is not mandatory.</p>
What You gain from this opportunity	<p>The chance to help young carers.</p> <p>An opportunity to meet and work with the young carers team and other professionals.</p> <p>Training opportunities.</p> <p>The chance to enhance current skill set.</p> <p>To be able to boost your CV.</p>

Additional information	<p>Flexible hours (based around the volunteer).</p> <p>We offer all of our volunteers training and periodic supervision.</p> <p>Expenses are provided such as for travel or parking.</p> <p>Please chat to us for more information.</p>
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Please note this opportunity is only available to those over 18 years of age and a check will need to be carried out with the DBS (Disclosure and Barring System) (formerly CRB checks).

For more information please give us a call on 01992 58 69 69 or email volunteer@carersinherts.org.uk

Or apply online: www.carersinherts.org.uk/volunteer-application-form